

Taff Ely Annual Report 2014.

January 23rd. Members met for their annual lunch. Enjoyed by everyone. Food was lovely. Unfortunately the entertainment did not arrive but after a brief meeting and an update of OPAG and COPA by Brenda Williams, the day was saved by poems from a vast repertoire by Jean Morris. Members enjoyed themselves and then a raffle was held with some lovely prizes. Well done to lucky winners,

March 27th. Discussion amongst members about the Meals on Wheels and Day Centres Action for Cuts. Members to attend meetings across borough to voice their opinions and get some answers. Speakers were Shelly Bird on breakthrough Project (excellent.) Andrew Roberts from Digital inclusion and RCT Homes informed members of courses available to them to ensure they keep up with IT. Another excellent session from Andrew. Crossroads care then gave an overview of their services throughout RCT. Interesting and informative. The forum then gave a presentation to Tony his last day as Forum Support Officer.

May 29th. 38 members and 15 apologies today a lot of members ill or in hospital. Good wishes to them all. Chair and secretary busy with Gwanwyn project. SLA signed Members busy continuing their fight against cutbacks. Aberdare Rotary Raffle tickets on sale, with all proceeds from sale to forum. Our tapestry on display in Hall today then going to Pontyclun on June 14th. Alison Warner from CTUHB Pharmacy gave a very interesting and informative talk on safe taking and storage of medicines. Excellent. Andrew Roberts revisited to give members the chance to use tablets etc to check gas and electricity prices. This gave some members the opportunity to check if they could lower their bills by getting a better deal. (Worthwhile.)

July 31st. Busy few months for the officers...attending lots of meetings events etc. Our tapestry is currently in Pontypridd Museum, after being on display all around Taff Ely.. There has been an excellent response to all the tapestries. Speaker was from Care and Repair an excellent update on services available for those in need

Sept 40 members and 11 apologies. Chair updated members on finance issues in forum, successful in lottery funding so forum secure for the immediate future. Speaker. Chris Thomas from Age Cymru then gave talk on healthy Eating and informed members about the Add Years to life health check. Excellent and informative. She also informed members about the Add years to Life health check and offered to come back and help members complete this on line. Alison Huggins gave an informative talk on Wills. It was agreed that an annual subscription of £5 per member would commence. Karen Powell new Community Co-ordinator introduced herself to members.

November 29th AGM Current officers to remain after nomination forms collected. Also the OPAG members to remain the same. Chair thanked all for continued support. Speaker Road safety unit an excellent session well recommended. Photographic competition won by Ann Davies and Angela Tritschler. Members subscription fees due and deposit for January 29th lunch Christmas refreshments followed.